

CHECKLIST FOR Leisure Activities in Retirement

☐ Acting	Fishing	Reading
☐ Bird watching	☐ Gardening	Refereeing
☐ Boating	Genealogy	Religion
Bowling	Golfing	☐ Repairing/Renovating
☐ Camping	Hiking	Scrap Booking
☐ Club/Society	□ Investing	Sewing
☐ Coaching	☐ Jogging/Running	☐ Sporting Events
☐ Collecting	☐ Kayaking	Swimming
☐ Continuing Education	☐ Knitting	☐ Teaching/Mentoring
☐ Cooking	Movies	☐ Traveling/Vacations/Cruises
☐ Crafts	☐ Museums/Art Galleries	□Volunteering
☐ Cycling	☐ Music	☐ Walking
☐ Dancing	☐ Painting	☐ Woodworking
☐ Entertaining	☐ Part-time Work	☐Writing
☐ Exercising	Photography	
☐ Family Activities	Politics	
☐ Family Outings	Quilting	